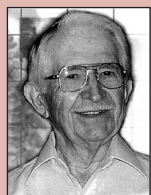


In Memoriam



Dr. James R. Ansley (NA '41) of Mt. Vernon, Ill., passed away January 16, at the age of 90. He maintained a practice in Mt. Vernon for over 50 years and was a member of National's 50 Year Club. Dr. Ansley served as secretary of the ACA, and vice president and president of the Southern District of the Illinois Chiropractic Society. He was regarded as a caring doctor, a reliable friend, a trusted advisor, and a valued community servant. Dr. James Ansley Day was proclaimed in Mt. Vernon on May 29, 1992, for his accomplishments, which included dedication to the Planning Commission that provided much of the groundwork for the future growth of the city.

Dr. Duane L. Pavel (NA '73) of Clarkson, Neb., died April 14, at the age of 59. He began his career in Rapid City, S.D., before moving to Howells, Neb., where he practiced for the next 25 years. In addition to his practice, he enjoyed golf and fishing.

Dr. August C. Mormimo (NA '53) of Decatur, Ill., died March 7, at the age of 82 following a lengthy illness. After his Army service in WWII, the right-handed pitcher played with the St. Louis Cardinals minor league system from 1946 to 1949 and then professionally for the Galt Terriers in Ontario, Canada, in 1951. After graduation from National, he practiced in Decatur and donated his services to the priests and nuns of Decatur and the student athletes of St. Teresa High School, where he was affectionately called "Doc." Until his retirement in 1994, "Doc" was one of the top handball players in Decatur.



Dr. John Robert Somers (NA '53) of Sandwich, Ill., died March 25 at the age of 79 after a more than three-year battle with cancer. Dr. Somers was known as dedicated chiropractor who often made house calls at all hours to minister to an injured patient. On the creative side, he constructed dozens of sculptures from clay and metal and many detailed pieces of stained glass. A longtime member of Christ Church in Plano, he was instrumental in preparing the local Reorganized Church of Jesus Christ of Latter Day Saints for placement on the National Register of Historic Places in 1990.



Dr. Raymond Sturm (NA '52) of Bloomingdale, Ill., passed away January 27 at the age of 79 from complications from pneumonia. President of the Illinois Chiropractic Society in 1974 and named the ICS Chiropractor of the Year in 1975, Dr. Sturm was identified as "one of the real leaders in the profession in those years." He maintained a practice in Skokie until his retirement in 1995. His friends and colleagues remember him as an enthusiastic and dedicated practitioner. One former patient described him as "a very kind, old-fashioned, knowledgeable doctor." Another patient recalled that "he always had a smile on his face."



Dr. William Tickel (NA '79), 60, of West Union, Ohio, died in an automobile accident on December 11, 2006. He was a compassionate and well-respected chiropractor and one of a vanishing breed of "old-timers" who practiced innately by hand only. Also known as an esteemed

speaker and writer, Dr. Tickel once wrote in his journal, "My purpose is to empower others in their quest for success, health, and happiness in life. I'm in the business of helping people adjust to life's challenges. Period. And while we're at it, we're having fun. Simple as that!" He and his wife, Pamela Fyler, also a 1979 National graduate, married in 1979 and had three sons and a daughter. Dr. Tickel also had two sons from a previous marriage and of the five boys, three are chiropractors.

Dr. Walton B. Yoder (NA '41) of Souderton, Pa., died November 28, 2003. He was the son of Dr. Enos Yoder, a 1917 National graduate. Dr. Yoder was greatly respected and admired by members of the profession in Pennsylvania for his tireless efforts to see that patients had unrestricted access to chiropractic care.

We apologize...

In the last issue of the 2006 Alumnus, we highlighted all of our generous donors to National University of Health Sciences.

Unfortunately, we misspelled the name of Dr. William Sorensen, recognized under the Donor's Recognition Amphitheater in the \$10,000-\$19,999 section.

We also inadvertently left out the name of Dr. Craig Newman, a Bronze Member of the President's Cabinet Internationale.

We sincerely regret these errors.



ALUMNUS

THE MAGAZINE FOR NUHS ALUMNI
Volume 43, Number 1 • 2007

Demolitions! Renovations! Transformations! See the New and Improved National Campus

Homecoming 2007, June 22-24, is the perfect opportunity to return to your alma mater to earn continuing education hours, to renew old friendships, and to check out your old haunts at National. If you take time to visit campus during the event, you'll have a lot of surprises in store for you! What's new? **PLENTY!**



Welcome to a spruced up National campus!

Demolitions!

First off, the boundaries of our 36-acre property have been spruced up with the demolition of two residential buildings bordering the campus. On our northern boundary, a dilapidated ranch house at the corner of Hammerschmidt and Central avenues was marked for destruction soon after being purchased by the university.

However, before the 1101 Hammerschmidt home was leveled, it provided some hands-on exercises for new Lombard fire fighters fresh out of their academy training. Over a two-day period in December 2006, fires were set in the building and groups of rookies were sent in to discover the source and strike the fire. Great experience for the men and a great activity to watch!

Another small bungalow on the west side of Stewart Avenue across from McDonald's met the wrecking ball as well. The little blue house at 1112 S. Stewart went down in early January removing another vacant property. Leveling the house wasn't the only improvement on the street. McDonald's tore down its building, too, and replaced it with a bright modern structure, improved traffic flow and two drive-up lanes.

Renovations!

National students will begin the Summer 2007 Trimester in a newly renovated Lincoln Hall, the first of the residence buildings scheduled to be overhauled over the next few years. Construction setbacks, permit issues and a variety of other difficulties pushed the opening of the facility back from a scheduled opening in January. It is hoped that lessons learned in this experience will make future dorm renovations a much smoother process. Next residence building slated for renovation is Turek Hall.

Story continues on page 3

Just Too Busy?



Busyness consumes all of us to one degree or another. I don't know how many times I have asked people to volunteer for some community project, only to be met with, "I am just too busy." I also hear this same response from some if not

most of my colleagues and classmates when I ask them to come to homecoming. Is this just an excuse or are most of us really just too "busy"?

*My candle burns at both its ends;
It will not last the night;
But oh, my foes, and oh, my friends --
It gives a lovely light.*

Edna St. Vincent Millay

Yes, the candle of life indeed does give off a lovely light when we are engaged in what we love to do. But, how many of us are suffering from too much of the night left with so little wax left in our candle.

One way that I have been able to extend the life of my candle is to come home to National and experience the pride of knowing that I am part of an institution rooted in such awesome history that continues to lead our profession forward with integrity and honor. You can add "wax to your candle" by stopping the busyness for a few short days in June to come back to National.

I have often used this quote in my writings. I am not sure where it comes from but it goes like this.
A candle loses nothing in lighting another candle!

I urge all of you to take some time to contact a fellow National graduate today and light his/her candle by reminiscing about your time at National. Perhaps, you may both decide that now is the time for you to get "lit up," add some "wax" to your candle, and "rekindle" the fire you have for this great institution by coming back home again.

I look forward to seeing you in June.



Dr. Thomas D. Stotz, Chair
President's Alumni Advisory Council
1979 Graduate

Inside Alumnus



Face the Reality of the World

President James Winterstein suggests we quit whining about what others are taking from the profession and do something.

Page 2



The New Improved National

Take a look at photos of some of the recent renovation and beautification projects on the National campus.

Page 3



National's June 22-24 Homecoming

Meet the speakers and check out the schedule of events for this year's 2007 Homecoming on June 22, 23 and 24.

Pages 4-5



Updates on News from Alumni

Read the latest news about National graduates from classes ranging from 1942 to 2006.

Pages 6-7



Time to Face the Reality of the World

By James F. Winterstein, DC,
NUHS President

It seems to me that in our profession, we have a strong tendency to want to create our own reality while ignoring that of the rest of the world. In July of 1993, I wrote an article titled, "Is the Chiropractic World Flat?" In that article, I wrote the following, among other things:

"As I listen to various chiropractors talk, and I read what some chiropractors are writing, I sometimes wonder whether we are aware of our position in society or whether we live in our own world which we insist is flat!" The article ended with the following as it related to my suggested need that our profession engage in some real strategic planning — "The question remains, will we do it or will we sail serenely along until we fall off the edge of the earth and die?"

I spend a lot of time interacting on various chat lines that affect the chiropractic profession and various CAM professions. The other day I ran across the following statement which came from a physical therapy site, an article titled "Are PTs Stealing Chiropractic?" The author closed with the following paragraph:

"To be frank, having close colleagues who are chiropractors makes a part of me almost feel sorry for the profession. Persistent efforts to limit their scope of practice to essentially one intervention (the adjustment), claim this intervention as their exclusive domain, and link the target of this intervention to elusive biomechanical constructs (correction of

vertebral subluxations) that have no basis in science will only accelerate the rate at which the profession backs itself into a corner from which it cannot escape. In my opinion, although intended to protect the chiropractic scope of practice... efforts such as this will, ironically have the unintended consequence of differentiating physical therapists as the evidence-based practitioners of spinal manipulation. That is why I repeatedly assert that the best days of our profession remain ahead."

The reality outside of our own is that others see that we are most definitely backing ourselves into a corner from which there is no way out. I could not have said it any better than the physical therapists who wrote the article and in fact, a lot of what was said I have also said, not because I don't appreciate the value of chiropractic therapy, but because it is so obviously true.

For the most part, National graduates have not limited themselves to "correction of the subluxation by spinal adjustment," but this remains a prevalent concept in the profession and it is not viable.

I do not argue with the value of spinal manipulation as a therapeutic tool, but it is not a panacea — something I heard Dr. Janse say many times. It is not a panacea. Because it is so helpful in various human disorders, others, and most notably, the physical therapists have decided to take it and use it, and they are doing just that despite the objections of many chiropractors. I have also warned against that through the years. We cannot stop people from expanding their scope of practice who get the education or have the legislative leverage.

Scope expansion has happened with the physical therapists, nurses, optometrists, physician's assistants, podiatrists, and even clinical psychologists, but not with the chiropractors who instead of expanding are standing firm on a principle for which there is no scientific evidence — the concept of subluxation of the spine.

There is good evidence for the value of articular manipulation but not for subluxation, and the physical therapists know it and are simply taking the manipulative arts away from us.

What should we do? What must we do? Well, we can continue to sit on our thumbs and say "It isn't fair," or we can continue to spend tons of money trying to keep them from having the right to manipulate, or we can read the writing on the wall that should be abundantly clear to everyone by now. They will have it. So what? It is time for us

to respond in like kind. We need to quit whining about that they are taking and work to expand our own scope of practice.

"The reality outside of our own is that others see that we are most definitely backing ourselves into a corner from which there is no way out."

I know, I will get a lot of commentary about this, but friends, we must wake up before it is too late. As I was taught, the natural methods we use are so valuable and must be protected, but even as we worry about the PTs and what they are trying to take from us, the FDA and some members of the Congress as well want to take even more. They want to regulate complementary and alternative medicine. They want to make nutritional supplements into prescriptive drugs. How long do we sit on the sidelines and take what we are given?

I think that for us to survive, we need to seek the privilege of some prescriptive right, just as the nurses have, the physician assistants have, the optometrists have and the psychologists are currently doing. That does not mean we should practice like allopaths. That should be the last thing we do, but we should have the clinical authority that comes with the prescriptive right.

National is announcing its intention to offer a Master of Science Degree in Advanced Practice this fall. It will be 50% online and 50% on campus for those doctors who want to have this added credential. Since it will be an accredited Master of Science degree, it will not be something that society can ignore. Will it bring value to the practice other than the education it provides? Time will tell as those who have it begin to push for scope expansion.

This MS will include pharmacology at a level that would meet typical requirements for the use of pharmacological agents by those who have prescriptive rights. Furthermore, the amount of pharmacology that is currently being taught in the DC curriculum will be expanded. It is time for someone to take some positive steps now and we are doing just that.

Come to homecoming to learn more and to obtain some outstanding new information on therapeutics from our excellent line-up of speakers. In addition, our Sunday morning Panel on Clinical Decision Making will be an event not to be missed. Hope to see you here at the Oak Brook DoubleTree!

Continued from page 1

Transformations!

If you've been back to National for any postgrad classes over the years, you may have been scheduled



J-220 undergoes a total renovation to allow it to function as one large meeting room or two small ones.

into room J-220 on the top floor of Janse Hall. Next time you visit that room, you will experience an amazing transformation. In just a couple months



Novice fire fighters train at the abandoned home at 1101 Hammerschmidt prior to its demolition.



This renovated kitchen in Lincoln Hall is just an example of the clean and fresh appearance of the dormitory inside and out.



National's year-round art gallery in the Lombard clinic features regularly changing exhibitions such as this musician's series by local artist Jean Devaud.

time, the university's maintenance crew and outside contractors completely renovated the room. With the installation of a large folding divider, the space can be now be utilized as two individual classrooms, each with its own audio-visual amenities, or one large meeting room with the ability to project the same image on screens in each room.

Another transformation of sorts takes place on a regular basis in the Lombard Health Center on campus. A partnership between National and the DuPage Theatre, Visual and Performing Arts Coalition (DTVPAC) provides for rotating exhibits of local artists' works along walls of the clinic. DTVPAC curates the gallery, presenting a new show of one or several local artists every two months. The shows may be viewed during regular clinic business hours and are a great opportunity for students, faculty, patients, and members of the public to enjoy the creativity of local talent. Presently, the art is located in the hallways north of the reception area. Plans are in the works to have more pieces on loan to decorate the hallways on the patient side.



A view of Lincoln Hall can be seen in the background with the Hammerschmidt house leveled.



Freshly laid concrete can be found in several locations around campus including the steps outside the Student Center.



Another old building bites the dust on National property at 1112 S. Stewart, across the street from the newly renovated McDonald's at Stewart and Roosevelt Road.

National News

NUHS Hosts Czech Doctors

Dr. Pavel Kolar, Dr. Alena Kobesova and physical therapists from Motol Hospital, Czech Republic, came to National, March 29-April 1, to conduct a four-day seminar titled "Reflex Locomotion: Developmental Kinesiology and Stabilization Methods." Reflex locomotion stimulation was pioneered by the Czech neurologist J. Vojta in the 1950s and further developed by Dr. Kolar, director of the rehabilitation department at Motol Hospital. He is also the lead physical therapist for the Czech Davis Cup and Olympic teams.

Alumni/Development Changes

Mrs. Tracy McHugh received a title change in March to Executive Administrator to the President to reflect her many and varied duties. In addition to holding office as the corporate secretary for the university and a corporate officer for the NUHS Foundation, Mrs. McHugh oversees all alumni services and development (institutional fund raising) and the administrative secretaries. Assisting Mrs. McHugh is Ms. Shawna McDonough, who joined the administrative staff in April as alumni and development coordinator.

NUHS Students Attend Conference

Several NUHS students attended the 2007 CAM Integrate Conference in Chicago in January. The one-day seminar, in its third year, is a collaborative effort by students from several Chicago-area medical schools to increase awareness and understanding of integrative medicine among medical students and faculty. Panel discussions, presentations and workshops examined the many modalities of integrative, complementary and alternative medicine.

Collins Featured in Magazine

Mel Collins, National's alumni outreach coordinator, was the subject of a feature story in the December 2006 issue of *The American Legion* magazine entitled "A Sailor's Diary." The story recounted Collins' WWII experiences as an 18-year-old Navy radarman third class. An expert swimmer, he was credited with performing swimming rescues of downed airmen in the open sea. In September 2006, Collins traveled to Camden, N.J., for a reunion with 12 of his former shipmates on the USS Franks.

Radiology Lab Gets Update

The Radiology Learning Laboratory in the LRC has been updated with five new computers and the ACR Skeletal and Chest Radiology Learning CD for each unit. The CD presents disorder as a patient case study including the patient's history, diagnosis, radiographic findings and discussion of disease processes. Students view conventional radiographs along with the cases on the computer.

Alumnus

THE MAGAZINE FOR NUHS ALUMNI
ALUMNUS is published by the Office of Communications at National University of Health Sciences, 200 East Roosevelt Road, Lombard, Illinois 60148-4583.

PUBLISHER

James F. Winterstein, DC
President

EDITORIAL STAFF

Marie Olbrysh
Associate Editor

Tracy Litsey
Public Relations Specialist

Robert Hansen
Graphic Designer

Victoria Sweeney
Director of Communications

STATEMENT OF POLICY

Neither the editor nor National University of Health Sciences are to be held liable or responsible for statements or opinions expressed herein. Material contained in this publication should not be reproduced in any form without written consent from the editor.

© May 2007 National University of Health Sciences 8:5M/0507

Homecoming Speakers

James F. Winterstein, DC, DACBR



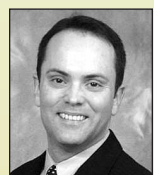
Dr. Winterstein graduated cum laude from The National College of Chiropractic in 1968 and completed his residency in radiology in 1970, the same year he earned his diplomate in radiology. He served his alma mater as a lecturer, department head, dean of clinics, and professor before being named the institution's sixth president in 1968. During his presidency, Dr. Winterstein has committed himself to improving and developing the college's academic programs and in so doing, raising the standards of the chiropractic profession. He was instrumental in the reorganization of National from a single-purpose college to a hub of complementary health care education, which encourages and promotes collegiality among various members of the complementary and alternative professions.

Anna Allen, RN, MSN, CLNC



Ms. Allen, an NCMIC professional relations representative, received her BSN in nursing from Grandview College and her master's degree in Nursing Education and Administration from Drake University. Prior to joining NCMIC, Ms. Allen was a medical fraud analyst supervisor for Unisys Corporation, head nurse/outreach coordinator/educator at Iowa Methodist Medical Center, and an emergency department RN. Ms. Allen's clinical expertise includes care of the AIDS, psychiatric, and emergency care patient. She has conceived, planned and presented workshops nationally on patient communication/informed consent and care of chronically ill patients and given hundreds of other presentations throughout the U.S. Ms. Allen is a faculty member for postgraduate education at National University of Health Sciences and an adjunct assistant professor to the postgraduate and continuing education faculty of New York Chiropractic College.

Shawn Allen, DC, DABCO, FACO



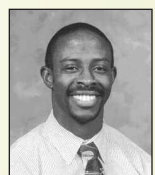
Dr. Allen is a 1995 graduate of National University of Health Sciences where he also completed a three-year post-doctoral residency in chiropractic orthopedics. An expert in the field of lower extremity biomechanics, he is a regular lecturer for many postgraduate programs throughout the country on the subjects of gait analysis, orthopedics, and functional postural syndromes. He maintains a medical-referral based practice with a client base that includes Olympic, professional and paraprofessional athletes. He serves as the chiropractic physician for the Chicago Joffrey Ballet dance company and team physician for the Dick Pond Athletics Racing Team. Dr. Allen co-published the textbook, *Pedographs & Gait Analysis: Clinical Pearls and Case Studies*, with Dr. Ivo Waerlop. Dr. Waerlop and Dr. Allen founded The Homunculus Group, an online, educational forum representing a brain trust of interdisciplinary practitioners, providing answers to difficult clinical problems.

Greg Cramer, DC, PhD



Dr. Cramer, dean of research at National University of Health Sciences, graduated from National in 1979 and earned a PhD in basic medical sciences (anatomy) from the Medical College of Ohio (now a college of the University of Toledo) in 1987. He has worked on many FCER and NIH funded projects related to his interest in both human and animal research designed to determine the mechanisms of action of chiropractic adjusting. In 2005, he was honored by the American Chiropractic Association (ACA) with its Researcher of the Year Award. Dr. Cramer has published over 100 abstracts, papers, and book chapters, and is co-author (with Susan Darby, PhD) of the text, *Basic and Clinical Anatomy of the Spine, Spinal Cord, and ANS*, the second edition of which was published in 2005.

Robert Lardner, PT



Robert Lardner graduated from the Department of Physical Therapy, Lund's University, Sweden in 1991. He worked in several inpatient / outpatient rehabilitation facilities in Sweden prior to moving to the United States in 1992. Mr. Lardner has been a staff physical therapist at McNeal Hospital, Clearing Industrial Clinic, and a supervisor of physical therapy at Mercy Hospital; he has also been in charge of physical therapy services at a number of private outpatient and sports clinics. Mr. Lardner studied with Professors Janda, Lewit and Kolá from the Czech Republic, who are all pioneers of functional rehabilitation and manual medicine. Currently, he is in private practice in Chicago and teaches various rehabilitation seminars throughout the United States and Europe.

Yun-tao Ma, PhD, LicAc



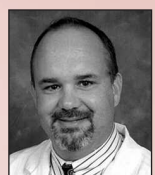
Dr. Ma is recognized worldwide for his contributions to the field of pain management and trauma rehabilitation. He is a founder and director of the Biomedical Acupuncture Institute (BMAI) and teaches Biomedical Acupuncture for Pain Management courses in the U.S. and throughout the world. Dr. Ma's 30-year background in clinical acupuncture and neuroscience research has enabled him to address specific neuromuscular mechanisms and neuro-immunological mechanisms of acupuncture for pain management. Dr. Ma co-authored the textbook, *Biomedical Acupuncture for Pain Management*, with Dr. Mila Ma and Dr. Zan Cho in 2005, which has been translated into German, Chinese and Portuguese. He also has written three other highly acclaimed textbooks.

Al Meo, LMT, CN



Al Meo has been a Certified Active Isolated Stretching instructor since 1993, practicing at GlenOaks Sport, Spine and Physical Rehabilitation in Bloomingdale, Illinois. He is a Licensed Massage Therapist, Corrective Personal Trainer and Certified Nutritionist. Mr. Meo has helped thousands of patients, clients, and athletes to achieve optimal strength, flexibility and function. His passion now includes instructing others to do the same. Approved by the National Certification Board for the Therapeutic Massage and Bodywork as a continuing education provider, (#396-715-00) he teaches these cutting edge techniques to students and health care professionals throughout the Midwest.

David Parish, DC, CSCS, DACBSP



Dr. Parish, a 1984 graduate of National, serves the university as interim dean of clinics, staff clinician, assistant professor, and postgraduate lecturer. He holds certifications in acupuncture, homeopathy, Graston technique, manipulation under anesthesia, Kinesio Taping®, and exercise and sports medicine, and operates a private practice in Flossmoor, Illinois. Dr. Parish, along with Dr. Vincent DeBono, National's interim vice president for academic services, head up RunningDoctors.com, a website and newsletter to help runners and multi-sport athletes stay on top of the most current trends in training, injury prevention and nutrition.

David Seaman, DC, DACNB, DACBN



Dr. Seaman earned his doctor of chiropractic degree from New York Chiropractic College in 1986, his master's in biology/nutrition from University of Bridgeport in 1991, and completed postdoctoral studies in neurology at Logan College of Chiropractic in 1992. He teaches over 300 hours of continuing education classes for chiropractic colleges and state associations each year. A popular and prolific author of nutrition, chiropractic and neurology articles, Dr. Seaman has authored numerous professional papers, book chapters and 14 peer reviewed journal articles. He also authored *Clinical Nutrition for Pain, Inflammation, and Tissue Healing*, a book utilized in several chiropractic colleges.

Alex Vasquez, DC, ND



Dr. Alex Vasquez earned his doctor of chiropractic degree from Western States Chiropractic College in 1996 and his doctor of naturopathic medicine degree from Bastyr University in 1999. He taught rheumatology, orthopedics, and radiographic interpretation for the naturopathic program at Bastyr, during which time, he also maintained a private practice of chiropractic and naturopathic medicine in Seattle. Dr. Vasquez lectures nationally and internationally on the topic of nutrition in general and disease prevention and the treatment of "autoimmune diseases" in particular. He has authored approximately 50 health care/scientific articles in magazines and peer-reviewed medical journals and is the author of two textbooks, *Integrative Orthopedics* and *Integrative Rheumatology*. Currently, Dr. Vasquez is the editor of *Naturopathy Digest* and a columnist for *Nutritional Wellness*, and maintains a private practice of natural medicine in Texas.

Ivo Waerlop, DC, DABCN, CCRP, CCSP



Dr. Waerlop is a 1986 graduate of New York Chiropractic College and a board certified chiropractic rehabilitation physician and chiropractic sports physician. The holder of a diplomate in chiropractic neurology, Dr. Waerlop lectures nationally on foot/ankle and gait biomechanics in sports and is engaged in publishing active research on cycling biomechanics. He co-published the textbook, *Pedographs & Gait Analysis: Clinical Pearls and Case Studies*, with Dr. Shawn Allen. Dr. Waerlop teaches anatomy and physiology at Colorado Mountain College and maintains a neuro-musculoskeletal rehabilitation-based practice in Dillon, Colorado. He received his acupuncture license in 2005 and subsequently studied neuromuscular acupuncture under Dr. Yun-tao Ma, with whom he lectures and is writing an acupuncture book.



Homecoming '07 Schedule of Events

Friday, June 22

- 8:30 - 10:00 a.m. HIV/AIDS Update: Session 1 (1 hour)**
Anna Allen, RN, MSN, CLNC
Understanding Key Mechanisms Part I: Neurodegenerative Diseases (2 hours)
David Seaman, DC, DACNB, DACBN
Active Isolated Stretching (3 hours)
MT Program - Session 1
Al Meo, LMT, CN
- 10:00 - 10:45 a.m. Refreshment Break**
- 10:45 - 12:15 p.m. Boundaries / Informed Consent: Session 2 (1 hour)**
Anna Allen, RN, MSN, CLNC
Understanding Key Mechanisms Part II: Prostatic Disease (2 hours)
David Seaman, DC, DACNB, DACBN
Active Isolated Stretching (3 hours)
MT Program - Session 2
Al Meo, LMT, CN
- 12:15 - 1:30 p.m. NUHS Alumni Association & Class Reunion Luncheon**
- 1:30 - 3:00 p.m. Recent Graduate Panel (no CE credit)**
Bruce Hodges, DC, Moderator
Understanding Key Mechanisms Part III: Neuromuscular Facilitation (2 hours)
Ivo Waerlop, DC, DABCN, CCRP, CCSP
Active Isolated Stretching (3 hours)
MT Program - Session 3
Al Meo, LMT, CN
- 3:00 - 3:45 p.m. Refreshment Break**
- 3:45 - 5:15 p.m. Adjuncts to Rehabilitation: Kinesio Taping® of Select Conditions (1 hour)**
David Parish, DC, CSCS, DACBSP
Understanding Key Mechanisms Part IV: Neuromuscular Facilitation (2 hours)
Ivo Waerlop, DC, DABCN, CCRP, CCSP
Active Isolated Stretching (3 hours)
MT Program - Session 4
Al Meo, LMT, CN
- 5:30 - 6:30 p.m. Senior Stewards & PCI Reception**
Open Evening for Fun, Food and Fellowship

Saturday, June 23

- 8:00 - 9:00 a.m. 50 Year Club Breakfast**
- 8:30 a.m. - 10:00 a.m. Biomedical Acupuncture: Pain Control (1 hour)** Yun-tao Ma, PhD, LicAc
Janda and Beyond: The Future of Rehabilitation (2 hours)
Robert Lardner, PT
Active Isolated Stretching (3 hours)
MT Program - Session 5
Al Meo, LMT, CN
- 10:00 - 10:45 a.m. Refreshment Break**
- 10:45 - 12:15 p.m. Biomedical Acupuncture: Pain Control (1 hour)** Yun-tao Ma, PhD, LicAc
Janda and Beyond: The Future of Rehabilitation (2 hours)
Robert Lardner, PT
Active Isolated Stretching (3 hours)
MT Program - Session 6
Al Meo, LMT, CN
- 12:15 - 2:15 p.m. Luncheon & President's State of the University Address**
- 2:15 - 3:45 p.m. New Interventions in TX of Chronic Pain: Evidence Based Nutritional Interventions (1 hour)** Alex Vasquez, DC, ND
Pathologic Movement Patterns in Gait: Using Functional Chains to Diagnose & Treat (2 hours)
Shawn Allen, DC, DABCO, FACO
Active Isolated Stretching (3 hours)
MT Program - Session 7
Al Meo, LMT, CN

3:45 - 4:30 p.m. Refreshment Break

- 4:30 - 6:00 p.m. New Interventions in TX of Chronic Pain: Immune Dysfunctions & Chronic Infections (1 hour)** Alex Vasquez, DC, ND
Pathologic Movement Patterns in Gait: Using Functional Chains to Diagnose & Treat (2 hours)
Shawn Allen, DC, DABCO, FACO
Active Isolated Stretching (3 hours)
MT Program - Session 8
Al Meo, LMT, CN
- 6:30 - 7:00 p.m. Cocktail Reception**
- 7:00 - 10:00 p.m. Saturday Evening Banquet**

Sunday, June 24

- 8:30 - 10:00 a.m. New Interventions in TX of Chronic Pain: Clinical Integration, Patient Management, Case Reports (1 hour)** Alex Vasquez, DC, ND
Research As It Applies to Chiropractic Practice (2 hours)
Greg Cramer, DC, PhD
- 10:00 - 10:30 a.m. Refreshment Break**
- 10:30 a.m. - 12:00 p.m. Integrative Approach to Clinical Problem Solving (1 hour)** Vincent DeBono, DC, CSCS - Moderator
Shawn Allen, DC, DABCO, FACO
Greg Cramer, DC, PhD
Yun-tao Ma, PhD, LicAc
David Parish, DC, CSCS, DACBSP
Alex Vasquez, DC, ND

Register for Homecoming Online!

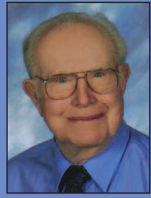
If you'd like a quick way to register for the 2007 NUHS Homecoming, just go to our website at www.nuhs.edu. On the bottom of the Home Page is a link directly to the Homecoming site. Click on "Registration" and then select either the Chiropractic/Naturopathic registration form or the Massage Therapy registration form. Fill it in, submit, and you are registered. You may also download the form and mail it, if you choose.

Even if you prefer to register by mail, you can still visit the Homecoming site and check out the 2006 Centennial Photo Gallery, as well as hotel and exhibitor information.

We're looking forward to seeing you soon!

Alumni News

1940s



Dr. Arthur Clifford Woolard, '93, of Lake Havasu City, Ariz., graduated from National in 1942, earning doctorate degrees in both chiropractic and naturopathy. In the early 1960s, he served as president of the National College of Chiropractic Alumni Association (NCCAA), which he said had a membership of approximately 2,700. Dr. Woolard held office during the time of the construction of the Lombard campus and recalled traveling from his home in Owatonna, Minn., to Chicago every other weekend for meetings. "It was a tough grind," he said.



As NCCAA president, he was a member of the Board of Members and the Executive Committee, which were charged with raising the needed funds to start construction. Dr. Woolard started a regular letter to alumni, the NCCAA Newsletter, to keep them informed of the progress of the massive campaign. He recalls asking alumni to pledge or donate at least \$1,000 each. "The money poured in and the college was built," he recalled.

He resigned after the new campus was open and operating to devote more time to his family and practice. His "newsletter" continues on now as the *Alumnus*.

1950s

Dr. Harry Jensen (NA '51) and his son, **Dr. Tom Jensen (NA '86)** of Sterling, Ill., recently celebrated 55 and 20 years of practice respectively.

1960s



Dr. Mario Milani (NA '64) of Vereeniging, Republic of South Africa, a tireless advocate for the acceptance of chiropractic in South Africa, is retiring from his string of leadership positions after 42 years of service. Reflecting back to the time the profession was outlawed, he recalls that "despite the help of Joe Janse, we could not persuade this government to recognize chiropractic when they had legislated its death."

After becoming president of the Chiropractic Association of South Africa (CASA), Dr. Milani said he decided "to ignore strategies to persuade officials we were a worthwhile profession and went on a political program of securing friendships with members of Parliament and pressurizing them to vote us a new bill to grant perpetuity to the

profession." With some help from his friends, he was able to address the national party caucus in Parliament and convince the Lords to pass a bill recognizing chiropractic. While Dr. Milani could not get the Medical Council to accept chiropractic, he said he "used the gift of gab" to get the minister of health to grant them their own council, however "lumping chiropractors and homeopaths together."

The next step, he reflects, was setting up a training curriculum, which started with a Technikon and a diploma. "I kept fighting until we finally got a degree and on a university campus."

In addition to getting ethical laws passed and undesirable practices outlawed, another of Dr. Milani's accomplishments was earning the right to train DCs (177 have been trained to date) to use the Diclofenac Sodium injection (Voltaren), "a great boon to patients in severe pain." Says Dr. Milani, "Of course I am vilified for this as the great betrayer of pure chiropractic, but the DC of the future will either expand to use medical products and be part of the medical team on an equal footing, while maintaining his specialized adjusting role, or stay marginalized in the corner of complementary medicine."

Acknowledging that his achievements have all been "done by a team," he has earned numerous honors and even had a highway named after him. "The strange thing is that I never sought all this, but the harder I served, the more it came, and so I believe service to humanity is the best work of life," said Dr. Milani. "And now in the twilight, my practice is my place of Christian service as I serve the poor without payment as their need arises, and have enough patients to support my needs."

Dr. Milani intends to continue practicing for a couple of years and "look back on a wonderful adventure that secured our profession's future in this country."

1970s

Dr. Robert Gordon (NA '75) of Salisbury, N.C., received full professor status with the American International University, the accredited institution that sponsors programs for the Royal College of Physicians and Surgeons (U.S.). Author of *Manipulation Under Anesthesia, Concepts in Theory and Application*, he has been teaching MUA for National's postgraduate program since 1994. Visit his website, www.backpainaway.info, for more information on MUA.

Dr. Roger A. Pope (NA '72) of Belvidere, Ill., has been elected to a second term on the Council of Chiropractic Education (CCE) Board of Directors.

1980s

Dr. Marc Gamerman (NA '84) of Hagerstown, Md., is the current president of the Maryland State Board of Chiropractic Examiners. He is also one of the 11 commissioners of the Council on Chiropractic Education's (CCE) Commission on Accreditation.



Dr. Pat Helma (NA '89) of Cooper City, Fla., a diplomate of the American Chiropractic Board of Sports Physicians, was named Sports Chiropractor of the Year by the American Chiropractic Board of Sports Physicians (ACBSP) at its 2007 Sports Sciences Symposium in Minneapolis, Minn. in April. Dr. Helma has been actively involved in sports medicine throughout his career. He has been a physician for the pro beach volleyball tour, the pro surfing tour and the pro rodeo circuit for over eight years, traveling throughout the world treating these professional athletes. Dr. Helma has also worked at the Olympic Training Center in Colorado Springs and serves as a volunteer physician for high school and sports teams in Cooper City.

Dr. Tom Jensen (NA '86) and his father, **Dr. Harry Jensen (NA '51)** of Sterling, Ill., recently celebrated 20 and 55 years of practice respectively.

Dr. Barrie Lewis (NA '80) has relocated from South Africa to The Netherlands where he awaits the arrival of his first grandchild.



Dr. Robert Radtke (NA '80) and his wife, Lynn, of Birmingham, Mich., recently unearthed photos taken at his graduation that showed Lynn proudly holding up her "Putting Hubby Through" (PHT) certificate that was presented to wives of graduates. The couple shared their find with Mel Collins, National's Alumni Outreach Coordinator.

When Mel was admissions coordinator for the American Chiropractic Association, he recalls sending a message to chiropractic college admissions officers to pay special attention to the wives of chiropractic students whose "attitude and blessing means so much to his success or failure." He believes that National first began this graduation recognition with the wives of the Class of 1980, a tradition that still exists for both male and female spouses of NUHS graduates.

Today, National recognizes parents with a certificate as well, so the Radtkes will qualify for one of those next year at the graduation of their daughter, Sarah, who is in her sixth tri at National.

Alumni News continues on page 7

Take it from Dr. Stanley Kaplan ...

"Get malpractice insurance and only go with NCMIC"



Since 1946, "We Take Care of Our Own" is about how we do business every day...

- Defense attorneys knowledgeable in chiropractic
- Financially reliable—Rated "A" (Excellent) by A.M. Best
- True consent-to-settle benefit—No case settled without your approval

NCMIC offers a broad variety of financial and insurance solutions for your personal and professional life

We Take Care of Our Own is a registered service mark of NCMIC Insurance Company. A.M. Best ratings range from A++ to F. Consent to settle is not permitted by Florida or Maryland.
© 2006 NCMIC NFL 3772-Alumnus

"I couldn't believe I was being sued, especially by this patient ... I spent countless hours arguing with his health insurer trying to get a specific test ordered for him.

"NCMIC made the best out of this bad, very stressful situation. *I couldn't have asked for a better company or attorney to defend me.*"

"My advice to you is to get malpractice insurance and only go with NCMIC. I've seen other companies come and go. But *with NCMIC, you can be sure they'll be there for you if and when you need it.*"

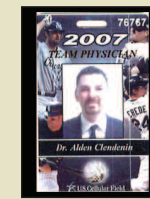
Stanley Kaplan, D.C.
Cocoa Beach, Florida



For more information and a rate quote, simply call
Call 1-800-769-2000, ext. 3772
Or, visit www.ncmic.com.

Alumni News continued from page 6

1990s



Dr. Alden Clendenin (NA '96) of Chicago, Ill., a specialist in sports injuries and neuromuscular-skeletal disorders, has added the Chicago White Sox to the list of major league baseball teams that make use of his services. While he also treats the Chicago Cubs and admits to "bleeding Cubbie blue," he says that he may now have to consider dividing his loyalties between the two teams.



Dr. Kinga Ebner (NA '97) of Brookfield, Wis., was chosen "Chiropractor of the Year - In practice 5 years or less" by the Wisconsin Chiropractic Association (WCA) at the WCA Fall Convention in September 2006. In addition to her practice, she shares her expertise with the local hospital's New Mothers and Infant Support Group, the Veterans Administration and the Arthritis Foundation, and is an active board member of the Chamber of Commerce.

Dr. Shannon Johnson (NA '92) of Greenup, Ky., has been appointed to the Board of Chiropractic Examiners for the state of Kentucky.

2000s



Dr. Zachary Altman (NA '06) opened his own practice in Wheaton, Ill., in March. "We are undergoing the initial trial and error of opening a practice, but I am enthusiastic and excited and feel that National prepared me well," he reports.

Dr. Michelle Brannick (NA '03) was featured in an article in the *Chicago Tribune* in December 2006 on the "Pros and cons of naturopathy: State legislators weigh licensing practitioners." A chiropractor and a naturopath in Riverside, Ill., the article cited Dr. Brannick's successful treatment plan for a patient with high blood pressure, and a campaign by naturopaths for licensing in Illinois.



Dr. Stana Djurdjevic (NA '00) is a full-time working mom to Sofia, 3, and Mila, born in November 2006. She has her own multidisciplinary practice in Mississauga, Ontario, and says she is one of the few chiros that uses flexion-distraction, active release therapy and motion palpation in combination. She also practices contemporary acupuncture.

Kudos

THE MAGAZINE FOR NUHS ALUMNI

National University of Health Sciences sincerely appreciates the following alumni and faculty who have referred students in our January 2007 class. You are truly our #1 best source of new students.

Says one new student: "I have spoken with dozens of practicing chiropractors and National seems to produce well-respected doctors with a broad base of practical medical knowledge."

Thank You! Thank You! Thank You!

- Dr. Greg Booher ('83) Ohio**
- Dr. Rebecca Boros ('85) Illinois**
- Dr. James Elliott ('80) Michigan**
- Dr. Paul Ellstein ('82) Illinois**
- Dr. Stephanie Maj ('94) Illinois**
- Dr. Mark McKim ('02) Illinois**
- Dr. Kevin Parks ('83) New Jersey**
- Dr. Daniel Ragusa ('98) Nevada**
- Dr. Daniel Richardson (Faculty) Illinois**
- Dr. Fraser Smith (Faculty) Illinois**
- Dr. Masihiro Takakura ('05) Colorado**
- Dr. Kristine Tohtz ('91) Illinois**
- Dr. Tony Zemlinsky ('02) Illinois**